



Maya Sanur Weekly Activities

Wellness & Leisure

March

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7 am - 8 am	Free Style Yoga Complimentary Ceremonial Plaza*	Sun Salutation Complimentary Ceremonial Plaza*	Free Style Yoga Complimentary Ceremonial Plaza*	Sun Salutation Complimentary Ceremonial Plaza*	Free Style Yoga Complimentary Ceremonial Plaza*	Sun Salutation Complimentary Ceremonial Plaza*	Sun Salutation Complimentary Ceremonial Plaza*
9 am - 10 am	Power Yoga ** IDR 75,000++/pax Yoga Studio*	Mat Pilates** IDR 75,000++/pax Yoga Studio*	Vinyasa** IDR 75,000++/pax Yoga Studio*	Hatha Yoga** IDR 75,000++/pax Yoga Studio*	Power Yoga ** IDR 75,000++/pax Yoga Studio*	Mat Pilates** IDR 75,000++/pax Yoga Studio*	Hatha Yoga** IDR 75,000++/pax Yoga Studio*
10 am - 5 pm	Personal Trainer ** IDR 249,000/pax Fitness Centre*	Private Cardio Boxing ** IDR 400,000/pax Fitness Centre*	Personal Trainer ** IDR 249,000/pax Fitness Centre*	Private Cardio Boxing ** IDR 400,000/pax Fitness Centre*	Personal Trainer ** IDR 249,000/pax Fitness Centre*	Personal Trainer ** IDR 249,000/pax Fitness Centre*	Personal Trainer ** IDR 249,000/pax Fitness Centre*
10.30 am - 2 pm	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*	Private Aerial Yoga** IDR 300,000++/pax Ceremonial Plaza*
11 am - 12 pm	Yogalates** IDR 75,000++/pax Yoga Studio*	Vinyasa** IDR 75,000++/pax Yoga Studio*	Hatha Yoga** IDR 75,000++/pax Yoga Studio*	Yogalates** IDR 75,000++/pax Yoga Studio*	Mat Pilates** IDR 75,000++/pax Yoga Studio*	Power Yoga ** IDR 75,000++/pax Yoga Studio*	Vinyasa** IDR 75,000++/pax Yoga Studio*
2.30 pm - 3.30 pm	Restorative Yoga Complimentary Yoga Studio*	Yin Yoga Complimentary Yoga Studio*	Aqua Yoga Complimentary Infinity Beach Pool*	Meditation Complimentary Yoga Studio*	Yin Yoga Complimentary Yoga Studio*	Restorative Yoga Complimentary Yoga Studio*	Yin Yoga Complimentary Yoga Studio*
5 pm - 6 pm	Aerial Yoga** IDR 250,000++/pax Green Roof 360*	Sunset Yoga Complimentary Green Roof 360*	Aerial Yoga** IDR 250,000++/pax Green Roof 360*	Sunset Yoga Complimentary Green Roof 360*	Aerial Yoga** IDR 250,000++/pax Green Roof 360*	Sunset Yoga Complimentary Green Roof 360*	Aerial Yoga** IDR 250,000++/pax Green Roof 360*

* Meeting Point

** Reservation is required one day in advance with additional fee
Personal Trainer, Cardio Boxing and Private Aerial Yoga are 60 minutes each

For proper warm up, please attend the class 10 minutes prior to the scheduled times





Maya Sanur

Weekly Activities

Food & Beverage

March

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 am - onwards	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360	Cooking Class Starting from IDR 400K++ Green Roof 360
11 am - onwards	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools	Floating Journey IDR 600K++/couple Swimming Pools
4 pm - 5 pm	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace	Afternoon Tea Complimentary Tree Bar Terrace
5 pm - 7 pm	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar	Happy Hour 50% OFF Beer, Wine by Glass, Cocktail & Mocktail Tree Bar
6 pm - 9 pm	Latin by Cartel Gitano Tree Bar	Violin Music by Duo Violinist Tree Bar	Country Music by The Jagir Tree Bar	Slow Rock Music by Morning Glory Band Tree Bar	Saxophone by Lee Fang and Friend Tree Bar	Pop Solo by Benny Sugiharto Tree Bar	Jazz Pop by Nungki Hurmer Tree Bar
6 pm - 9 pm	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza	Family BBQ Dinner (limited availability) Ceremonial Plaza
6 pm - onwards	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360	Romantic Dinner Green Roof 360





Maya Sanur

Adventure Activities

March

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.30 am - 12 pm	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>	E-Bike Tirta Empul** IDR 790.000/pax <i>Lobby *</i>
7.30 am	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>	White Water Rafting IDR 995.000/pax <i>Lobby *</i>
	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>	Quad Motorbikes IDR 1.585.000/pax <i>Lobby *</i>
8 am	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>	Surf Lesson IDR 850.000/pax <i>Lobby *</i>
9 am	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>	Kite Surf Lesson IDR 1.830.000/pax <i>Lobby *</i>
7.45 am - 12 pm	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>	E-Bike Tegallalang** IDR 690.000/pax <i>Lobby *</i>
9 am - 6 pm	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>	Reiki IDR 799.000++/pax <i>Spa *</i>
11.30 am	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>	Jungle Buggy IDR 920.000/pax <i>Lobby *</i>
9 am - 6 pm	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>	Private Sound Healing IDR 999.000++ <i>Spa *</i>

* Meeting Point
1 day advance booking required for all activity
For inquiry and booking, please dial 6 (Spa)
Reiki and Private sound Healing are 60 minutes each

**Additional IDR 200,000 per car
(fit for 5 Adults)



Wellbeing Activities Schedule

March

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7 am - 8 am	Free Style Yoga Beginner Session Ceremonial Plaza	Sun Salutation Beginner Session Ceremonial Plaza	Free Style Yoga Beginner Session Ceremonial Plaza	Sun Salutation Beginner Session Ceremonial Plaza	Free Style Yoga Beginner Session Ceremonial Plaza	Sun Salutation Beginner Session Ceremonial Plaza	Sun Salutation Beginner Session Ceremonial Plaza
9 am - 10 am	Power Yoga Intermediate Session Yoga Studio	Mat Pilates Intermediate Session Yoga Studio	Vinyasa Intermediate Session Yoga Studio	Hatha Yoga Intermediate Session Yoga Studio	Power Yoga Intermediate Session Yoga Studio	Mat Pilates Intermediate Session Yoga Studio	Hatha Yoga Intermediate Session Yoga Studio
10 am - 5 pm	Personal Trainer * IDR 249,000/pax Fitness Centre	Private Cardio Boxing * IDR 400,000/pax Fitness Centre	Personal Trainer * IDR 249,000/pax Fitness Centre	Private Cardio Boxing * IDR 400,000/pax Fitness Centre	Personal Trainer * IDR 249,000/pax Fitness Centre	Personal Trainer * IDR 249,000/pax Fitness Centre	Personal Trainer * IDR 249,000/pax Fitness Centre
10.30 am - 2 pm	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza	Private Aerial Yoga* IDR 300,000++/pax Ceremonial Plaza
11 am - 12 pm	Yogalates Intermediate Session Yoga Studio	Vinyasa Intermediate Session Yoga Studio	Hatha Yoga Intermediate Session Yoga Studio	Yogalates Intermediate Session Yoga Studio	Mat Pilates Intermediate Session Yoga Studio	Power Yoga Intermediate Session Yoga Studio	Vinyasa Intermediate Session Yoga Studio
2.30 pm - 3.30 pm	Restorative Yoga Beginner Session Yoga Studio	Yin Yoga Beginner Session Yoga Studio	Aqua Yoga Beginner Session Infinity Beach Pool	Meditation Beginner Session Yoga Studio	Yin Yoga Beginner Session Yoga Studio	Restorative Yoga Beginner Session Yoga Studio	Yin Yoga Beginner Session Yoga Studio
5 pm - 6 pm	Aerial Yoga* IDR 250,000++/pax Green Roof 360	Sunset Yoga Beginner Session Green Roof 360	Aerial Yoga* IDR 250,000++/pax Green Roof 360	Sunset Yoga Beginner Session Green Roof 360	Aerial Yoga* IDR 250,000++/pax Green Roof 360	Sunset Yoga Beginner Session Green Roof 360	Aerial Yoga* IDR 250,000++/pax Green Roof 360

* Reservation is required one day in advance with additional fee
For proper warm up, please attend the class 10 minutes prior to the scheduled times
Personal Trainer, Cardio Boxing and Private Aerial Yoga are 60 minutes each

In case of bad weather, outdoor activities will be held inside the Yoga Studio

