**SPA AT MAYA**

Maya Ubud remains a favourite of Ubud Healing havens with its minimal, modern design and lush setting beside the Petanu River and forest canopy, utilizing the environment to its utmost advantage. Here, a simple bathing ritual can be enjoyed before a spa treatment for an all round relaxing experience. Something as simple as this taken at the very edge of the river is sometimes all that is needed to cleanse and heal an overworked or tired mind. Returning to the nurture of nature in the gentle ambiance of this spa is a real treat for those who arrive seeking peace and tranquility.

The breathtaking views aside, Spa at Maya is committed to providing unique treatments from the heart, blending ancient Asian healing techniques with age-old beauty recipes featuring the curative Benefits of fresh, natural, quality ingredients. Trained in anatomical physiology, massage, meditation and service, the spa’s local therapists combine the latest organic nutrition and health knowledge with the most essential element - warm, genuine care that flows from the heart through to the hands to stimulate, rejuvenate, balance and relax your mind and body. Balancing expertise with an intuitive sense of well-being, and through the contemporary expression of centuries-old therapies, the spa creates a natural, heartfelt and relaxing experience.

Spa at Maya at Maya Ubud Resort & Spa
Jalan Gunung Sari Peliatan, Ubud
+62 361 977 88, www.mayaubud.com

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**LEMBAH SPA**

Perched magnificently atop a gorgeous valley with spectacular views overlooking the Petanu River gorge, Lembah Spa is considered one of Bali’s most tranquil settings, the perfect location for the pursuit of health and wellbeing. Treatments have been meticulously developed combining Western knowledge with traditional, time-honoured Balinese wellness techniques handed down over centuries. In fact, the name Ubud for where Viceroy Bali is located, originates from the Balinese word “Ubud” (or “obat” in Indonesian) which literally means “herb” or “medicine”. If this highland region is the centre of healing then Lembah is at its heart with unique traditions in health and healing that have given Ubud a reputation amongst spa practitioners worldwide.

Considered one of the finest Ubud spas, Lembah’s local therapists have been professionally trained over the years by accredited Swiss therapists. Lembah Spa treatments are also provided in the privacy of guest villas with the exception of facials and hair treatments.

Lembah Spa at Viceroy Bali
Jalan Lanyahan, Benjar Naga, Ubud
+62 361 971 777
www.viceroybali.com
SPA AND AFTERNOON ‘TEA-TOX’ PACKAGE

Indulge in a little personal time with Spa at Maya’s Afternoon Tea package.

The package begins with a relaxing neck and shoulder massage followed by a detoxifying body scrub. ‘Tea-Tox’ high tea is served during a purifying flower bath.

The menu is inspired by our Conscious Cuisine practices for guilt-free indulging.

From 11.00 am to 6.00 pm daily

MENU

Grudité with chickpea, tahini and turmeric puree
Chilled tomato and ginger soup in cucumber cup
Smoked salmon, herbed ricotta, capers on gluten free grilled combread
Chamomile pudding, honey tossed strawberries
Beetroot and cranberry jelly, mango pineapple salsa
Vegan chocolate mousse
Iced or hot Rosella and lemongrass tea

Published rate: Rp 1,289,000 net
Special price this month: Rp 945,000 net

For reservation and further information, please contact spa at Maya - 0361 977888
spa@mayaubud.com mayaresorts.com

WHAT THE TRUCK!

A Combi Van located right on the streets of Seminyak, serving you a range of tasteful to-go goodies from local fusion signature Babi Guling & Beef Rendang tacos, local beers, to refreshing mojitos. Enjoy it around the truck or take it away while you’re on the go.

Follow us on Instagram and get a complimentary beer on your first taco purchase at the truck!
Get connected:
✔️ What The Truck Bali
✔️ @whatthetruckbali

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